<canningUrl>https://nchfp.uga.edu/how/can\_04/spinach\_greens.html</canningUrl>

<freezingUrl>https://nchfp.uga.edu/how/freeze/greens.html</freezingUrl>

<dryingUrl>https://learn.eartheasy.com/articles/supercharge-your-meals-with-dehydrated-greens/#:~:text=To%20dehydrate%20the%20greens%2C%20place,the%20longer%20the%20drying%20time.</dryingUrl>

<https://i.imgur.com/hLMDmnJ.jpg>

https://i.imgur.com/j1Wc4Zh.jpeg